

Küng ColdPlunge - the ultimate cold bath concept

## More energy and regeneration





## Experience the Transformative Power of Cold Therapy

Discover the revitalizing benefits of our new Küng ColdPlunge. Whether at home, in a fitness center, or a spa, cold immersion offers a unique and invigorating experience for both body and mind. Adding an ice bath to your wellness space is an investment in health, performance, and longevity.

### Why Cold Therapy?

Scientifically proven and widely embraced by athletes worldwide, regular cold water immersion offers numerous benefits:

- ▶ Enhanced Performance – Cold exposure improves blood circulation and accelerates muscle recovery.
- ▶ Reduced Inflammation & Pain Relief – Cold applications help decrease inflammation and alleviate discomfort.
- ▶ Improved Mental Clarity & Focus – Intense cold stimulates cognitive function and enhances concentration.

- ▶ Stronger Immune System & Boosted Metabolism – Cold exposure strengthens the immune system and activates metabolism, increasing overall resilience.
- ▶ Stress Reduction & Emotional Well-being – Cold therapy engages the parasympathetic nervous system, reducing stress and promoting emotional balance.
- ▶ Longevity & Cellular Health – Regular cold immersion supports anti-inflammatory processes and may promote cell regeneration, contributing to a longer, healthier life.

Our ColdPlunge is designed to meet the highest standards. With precise temperature control from 2°C to 40°C and an advanced UV/ozone filtration system, it remains consistently clean and ready for use. The continuous water circulation ensures optimal cooling, even during operation.



### ColdPlunge Model Box

Experience the perfect fusion of design and functionality with the Küng ColdPlunge Box. This model is equipped with the powerful Küng chiller, ensuring a premium cold therapy experience.

Designed to meet the highest standards, the ColdPlunge Box features:

- ▶ Precision Temperature Control – Adjustable from 2°C to 40°C for a tailored experience.
- ▶ Advanced UV/Ozone Filtration – Keeps water clean and hygienic at all times.

- ▶ Continuous Circulation – Ensures consistent cooling, even during use.
- ▶ Seamless Integration – A sleek, modern design that fits effortlessly into any space.
- ▶ Efficient Ventilation – Recessed ventilation openings allow for optimal dissipation of hot exhaust air.

The ColdPlunge Box seamlessly combines cutting-edge technology with contemporary design, making it the ideal addition to any wellness, fitness, or spa environment.



The Perfect Blend of Design & Functionality. Experience the ideal combination of aesthetics and technology with the Küng ColdPlunge Box, equipped with the powerful Küng chiller.

### Technical features

The insulated tank structure keeps water cool longer, improving energy efficiency, while the Küng Cooler can lower the water temperature by up to 2°C. Integrated ozone and UV disinfection continuously clean the water, and an additional filter removes solids, ensuring constant cleanliness.

Water is efficiently circulated through two nozzles, cooling and pumping it back into the tank. The air/water cooler keeps the water cool, while hot air is expelled via an integrated fan.

Operation is simple with a touch display, which can be mounted on the cooler or externally. The system can also be controlled via an app for added convenience.

### Standard Dimensions

Frontal access to technology	220 x 80 x 60 cm
Long side access to technology	235 x 80 x 60 cm
Inner tank dimensions	164 x 69 x 42 cm
Water filling quantity	180 litres

Water temperature	2-40°C
Control system	Touchdisplay / App
Cooling	Approx 5°/h
Filtering system	Ozonator UV filter Paper filter



### Quality craftsmanship and modern design

Each ColdPlunge tank is precisely manufactured in our WSP factory, featuring superior insulation for energy-efficient water cooling.

Beyond the ColdPlunge Box model, our advanced cooling technology can be integrated with various tub shapes to create a fully customized solution. The system can be discreetly built into the tub or housed in an external technical unit.

All tubs are designed for both indoor and outdoor use and are available in multiple sizes and styles to seamlessly complement any space and aesthetic.

Start your ColdPlunge journey and experience a world of energy, clarity, and revitalization.

### Customised solutions for your invigorating cold bath

With the Küng Cooler, you can design a customized cold bath tailored to your needs. The cooling system is compatible with all our bath shapes, allowing you to choose from a variety of models and configure your ideal setup using the Varia system.

The outer casing of the tub can be customized to your preferences. If desired, we can integrate a seamless technology box with an exhaust air opening directly into the casing. Alternatively, the cooling unit can be placed in a separate technical room. Proper dissipation of hot air is essential for optimal performance.

«The ice bath is more than just cold therapy: for me it is the key to unrealised potential and personal development. Thanks to the cold, I have learnt to breathe more consciously, to promote my physical regeneration and to face challenges better. This helps me both in my private life and as an entrepreneur.»

**Franziska Gartenmann**  
Keen Wellbeing

